P.O. Box 49717 LOS ANGELES, CA 90049 e-mail: shariyo@aol.com TELEPHONE 310/476-1745

QUALIFICATIONS SUMMARY: Author of Raising Winners: A Parent's Guide to Helping Kids Succeed On and Off the Playing Field (Random House, May 2000.) Extensive experience providing guidance for parents in academics, community, and media including radio, live, and TV. Please visit: http://www.raisingwinners.com

EXPERIENCE:

2013-present

1996-present

1987-1991

1998-present **Director - R W Research, Inc.**

Social-emotional development, positive affect & longevity, early education, proactive youth coach training program, parent education, on-line SPIFFI© parent, coach organizational development, preschool and family education.

Stanford University - Stanford Cap & Gown Women longevity; Mirman School - Early Identified Gifted Children's Development

Associate Director & Co-Founder Western Positive Psychology Association (WPPA)

www.wppanetwork.org/

Dedicated to creating a collaborative scientific community of faculty, students, and scholars to advance and support an academic agenda in the field of positive psychology

1991-present American Psychological Association (APA)— Media Advisory Panel

Consultant: Women's Day, Newsweek, Good Housekeeping, Mademoiselle, Parent, Parenting, Family Life, Mirabella, Working Mother, KCET Magazine for Parents, Sesame Street for Parents, Elle, Los Angeles Times, Boston Herald, New York Times, Washington Post, Wall Street Journal others. Radio: Parents' Journal; Ken and Rick, Stephanie Edwards' Show; Weekly Radio Shows – Prep Round Up on Mlive.com and Athletes in Training on XTRASPORTS.com. Television: CBS Early Show 2000 – 2002; Fox and Friends; Women to Women; Lifetime TV, + CNN 1/2002; KNBC News '02 & 03.

2007-2013 Assistant Professor of Psychology

Chapman University: Intro Psych., Child Dev. & Lab, Life Span, Health & Well-Being, Research & Lab (UG &G), Critical Thinking, Statistics, Learning Psychology. Research Pubs: 9 APA student pres., 18 WPA student pres., 5 IPPA, 2 APS, on empathy, health & well being, time perspective, mindset, role models, self efficacy, parenting, and prosocial development.

2011-8/2011 <u>Interim Director</u>, Office of Undergraduate Research

Chapman University: Keynote Speaker: Dr. Albert Bandura, SURF & Cs undergraduate fair, May 11, 2011.

1997-2000 <u>Lecturer in Psychology</u>

Loyola Marymount University: Life Span Development, Psychology of Women, Sport & Research Methods 19 WPA student pres. (1998-2000); 6 APA; 45 studies- life span role models across ages & athletics, dev. and sport.

1994-1996 <u>Visiting Professor of Psychology</u>

Pepperdine University

Student Advising. 9 undergraduate courses including Life Span Development, Intro Psychology, Research Methods, Physiological Psychology; Advising; supervised 60 individual student research studies; 11 student pubs. at WPA.

Adjunct Professor of Psychology - Graduate Program MA& MFCC Programs- Course Title: Life Span Development

Commissioner: Formative Evaluation in Youth Athletic Organizations - AYSO Region 69

Developed/implemented Sports Proactive Information Formative Feedback Inventory SPIFFI© & SPIFFIOn-line Program

1993-1996 Co-Chairman with Susan Nash - Social Awareness Organization

Brentwood High School: Programs included appearances by David Crosby; Paul Williams, Elaine Boosler, and Ann Simonton. Desktop Publication: Keeping Kids Safe: Quick Guide for Parents and Teens in the '90's.

1991-1992 Chairperson, Department of Psychology

Mount St. Mary's College, Chairman (1991-1992)

Teaching & advising. Undergrad & grad classes including Developmental Psychology, Social Psychology, Learning, Disturbances in Child Development, Adulthood and Aging, Honors Developmental Psychology, Adv. Social

Administrative: Supervising, staffing full time faculty positions + 21 part-time faculty.

Associate Professor of Psychology

Adjunct Professor of Psychology

Associate Research Fellow- Hilton Foundation - UCLA

With Norma Feshbach, Grant Chair and Debra Stipek, -Burnout Prevention Program for elem. school teachers.

Assistant Professor of Psychology and Education

Director, Early Childhood Development Master's Program

Chapman University - Teaching & advising. Nine classes: Developmental, Learning, Intro Psychology, Exceptional, Psych & Social Foundations, History of Psychology, Early Childhood Dev., Curriculum, and Research. Program advising & recruiting.

Assistant Professor of Psychology & Education

Fellow, National Institute of Mental Health - Field Research Director, NIMH with Norma Feshbach, UCLA

Research Assistant, June Reinisch, Colombia and UCLA, Kinsey Institute Research Assistant, Southwest Regional Lab, Los Alamitos, California

Research Assistant, Clara and Alfred Baldwin, Cornell University

Personnel Staffing Assistant, Department of Army, Pentagon, Washington, D.C.

Teacher, Bing Nursery School, Dr. Edith Dowley, *Stanford University* Research Assistant, Dorothea Ross & Sheila Ross, *Stanford University*

EDUCATION: Stanford University, Stanford, California B.A. with distinction

University of California, Los Angeles (*UCLA*) Ph.D.; M.A.

HONORS:

150 Faces of Chapman – Sesquicentennial Celebration; Gamma Beta Phi – Chapman Faculty Award ('08-'13); Chapman Res. Student Faculty Award ('08-'13); My Favorite Professor Finalist ('11) Department Honors - Teaching Excellence (2010) Phenomenal Woman ('10); L.A. Times – Rage in Youth Sports; National Panel – Consultant - Moms Team; Psi Chi- Faculty of the Year - Loyola Marymount; NIMH FELLOW (3 years); Distinguished Faculty Award – Chapman University; Tenure; Human Development Fellow; Pi Lambda Theta Honor Society; Stanford University Cap & Gown Women's Honor Society; Clark Scholar; Newell Scholar; Dean's List (4 years); National Honor Society; Salt Lake Tribune - Sterling Scholar- Speech & Drama; Jr. Rep. & Historian - Girls' Assoc., Utah State Drama Awards- 3 years., Utah Girls' State;

Community Service - March of Dimes; Debutante of the Year - Salt Lake City, Utah; Utah Talent Award - Theater;

MEMBERSHIPS: American Psych Assoc.(APA); Western Psych. Assoc.(WPA); APS; SPSSI, CTUP, SAG-AFTRA.

PUBLICATIONS: Available upon request: 17 APA, 3 symposia 24 WPA, 5 IPPA, 2 APS, 1 journal, 1 book, +62 pres. supervised student studies. (Hobbies: yoga; hiking; roller-skating; photography; video documentary; sewing; house repairs; wildlife preserve; AYSO soccer; volleyball)